

- 4-H Calendar
- Message from the 4-H Director
- Building a 4-H Club
- 2005 Colorado State Fair
- 4-H Camp Tobin at the Colorado State Fair
- 2005 Youth Fest Dates Set
- 4-H International Exchange 2005
- Rearing Responsible Children
- Chris Clover

4-H Leader Line

Message from the 4-H Director

Many people are involved in *Building a 4-H Club*. The best way to describe the building of a 4-H club might be to compare the task to building a home.

- The county Extension agent serves as the general contractor on the *ground floor* making sure the craftsmen do their jobs properly. The ultimate responsibility for the successful completion of the project rests with them.
- The State 4-H office acts as the building inspector, insuring the completion of a properly built structure that provides for the well-being of all who pass through the door. The *hoop-jumping* work required to meet the building inspection codes often appears useless to the casual observer. However, these building regulations serve as an important construction function that may not become apparent for many years until possible catastrophes are averted.
- The 4-H club organizational leader serves as the homeowner or parent of the youth who ultimately move into the home. They are the people who make the project happen in the first place. After construction is completed, responsibility for the day-to-day management and upkeep of the place belongs to them. Most importantly they have a huge, positive impact on the youth who dwell within.
- Last but not least, is the 4-H member who is represented by the youth who grow up in this newly constructed dwelling to become productive members of our society.

It is difficult, if not impossible for one person to build a house or a 4-H club. Youth in the *4-H family* grow and prosper if everyone mentioned above establishes a teamwork process to provide a safe and productive environment for great things to happen.

—Jeff Goodwin
Colorado State University
Cooperative Extension
4-H Youth Development Director

4-H Calendar

December 2004

- 1 *Leader Line* on line
- 3 Urban Expansion proposals due
- 6 4-H Youth Fund board meeting
- 15 IFYE Ambassador applications due

January 2005

- 7-10 Western 4-H Roundup
- 7-10 National 4-H Horse Classic
Western Division
- 7-10 National Western 4-H/FFA
Livestock/Meats Judging
- 7-10 Western 4-H Roundup - Colorado
Delegation
- 8-23 National Western Stock Show
- 11 IFYE BBQ & National Western
Stock Show Parade (Denver)
- 15 Japanese Intern application due
- 12-17 Japanese High School Program
mid-term meeting
- 12-17 Flex/NIS mid-term meeting
- 18-20 National Western Catch-A-Calf
Show
- 19 Colorado 4-H Day - National
Western Stock Show (NWSS)

February 2005

- 5-6 Leadership Development
Conference (Denver)
- 7 Colorado 4-H Day (State Capitol)
- 18-20 Youth Fest (Larkspur, CO)
- 23-27 Western Regional 4-H Leaders'
Forum (Sacramento, CA)

March 2005

- 1 Japanese Exchange Delegate
(outgoing) applications due
- 1 *Leader Line* copy deadline
- 8 4-H Youth Fund board meeting
- 18 Citizenship Washington Focus
applications due
- 18 Urban Expansion reports due
- 30-
4/6 National 4-H Conference



Building a 4-H Club

Any adult who has worked with a child knows that it is often easier to do things yourself. Adults also know that life-experience is the best teacher. That's why *Learn by Doing* is the 4-H motto. With a knowledge of the characteristics of the age group with whom you'll be working, your position as a 4-H leader will be much less frustrating and far more rewarding. Concentrating your efforts in some key areas builds a 4-H club that best meets the needs of its members.

4-H'ers are Involved in Club Program Planning

- Adults actively advise youth in program planning and discovering their individual interests.
- The club's annual program is set for meetings and responsibilities assigned.

Curriculum

- Club meetings have a variety of learning activities (guest speakers, youth demonstrations, group planning and recreation).
- In addition to the regular meetings, 4-H'ers may work together in small project groups which provide learning experiences.
- The total family is involved in club activities.
- The club plan incorporates experiences for members to do community service projects, field trips, etc.
- Club members participate in county 4-H events, activities and programs.

Leadership

- 4-H'ers teach and conduct activities, give presentations, etc.
- Each youth has leadership responsibility (lead pledges, help younger 4-H'ers, work on committees, etc.).

Adult Leadership

- Leaders use incentives and recognition to get 4-H'ers involved.
- Leaders perform their roles in an advisor/counselor mode.
- 4-H'ers and adult volunteers are equally responsible for discipline and rule-setting.

Organization

- 4-H club officers function as a team and are trained to perform their duties.
- Basic Parliamentary procedure is used in meetings.
- Committees are established to complete club tasks (program plans, parties, community service projects, etc.).

—Dale Leidheiser
Colorado State University
Cooperative Extension
4-H Youth Specialist

2005 Colorado State Fair

The Colorado State Fair Board shortened the length of the statewide event. During a two-day meeting, Oct. 27 - 28, board members reduced the Fair from 16 to 11 days, setting next year's dates for Aug. 26 - Sept. 5, 2005. However, the 4-H portion of the 2005 Colorado State Fair is set for Aug. 16 - Sept. 7, 2005. Teen clerks will arrive on Aug. 16. Exhibit check-in will be on Aug. 17. Judging will be Aug. 18 - 19 and we will have two contests on Aug. 20 (Rocket Fly Day and Fashion Revue).

Please contact Susan Cuckler at scuckler@coop.ext.colostate.edu or call (970) 491-1144, if you have any questions.

4-H Camp Tobin at the Colorado State Fair

The top 15 reasons to stay at 4-H Camp Tobin.

1. Close proximity to an unlimited supply of homemade lemonade, funnel cakes, fried twinkies, fried pickles and fried snickers.
2. You might get to sleep on the same mattress your mom or dad used four decades ago.
3. The dining hall is close for nourishing physical sustenance (including ice cream).
4. The best room rates anywhere at \$5/per person/per night.
5. Three square meals a day at \$5/\$5.50/\$6 for breakfast/lunch/dinner.
6. Family bonding possibilities.
7. A chance to meet new friends that are also 4-H members.
8. Tropical island temperatures, without trade winds.
9. A getaway from home with *new* supervision and *new* rules.
10. Very possibly a later curfew - 11:00 p.m.
11. Someone else to clean your bathroom.
12. Airy and open atmosphere.
13. You'll be on the state fairgrounds and close to your project/contest.
14. A free live band to lull you to sleep every night.
15. Located in the popular Pueblo, Colorado locale.

Please give me a call at (970) 491-1144 or (719) 561-3480 after August 12th with any questions.

—Susan M. Cuckler
Colorado State University
Cooperative Extension
4-H Camp Tobin Office Manager

2005 Youth Fest Dates Set

Mark your calendar for Youth Fest 2005, a leadership camp for 4-H members ages 9 - 13. This fun and engaging weekend is sponsored by the State 4-H Senate. Youth Fest will be held Feb. 18-20 at the Ponderosa Retreat and Conference Center in Larkspur. The registration fee for this event is \$90. Please send registration information to Lorri Arnhold, Las Animas County Extension Director, 101 CCH, 200 E. 1st Street, Trinidad, 81082-3000 by Feb. 1. Registration is limited to the first 175 paid campers.

Go to 4hweb.ext.colostate.edu/youthfest for further details. Please contact Katy Kohnen at kkohnen@coop.ext.colostate.edu if you have any questions.

—Katy Kohnen
Colorado State University
Cooperative Extension
4-H Program Coordinator

4-H International Exchange - 2005



4-H/Japanese Exchange Programs — Japanese exchange students have 100 percent medical coverage and may participate in host family vacations. Teens from hosting families in Colorado can subsequently be eligible to participate in an exchange program to Japan during any of the following summers until they are 21 years old.

Summer Exchange — Host families are needed for approximately 75 Japanese boys and girls, ages 12 - 21. Japanese teens from the Labo and Lex organizations will arrive in Colorado on July 23 and join host families on

July 25 after orientation by 4-H staff. Teens from the Utrek program arrive in Colorado on July 23, joining their host families on July 27 after orientation and a camp in the mountains. Both groups return to Denver on August 20 and depart for Japan on August 21.

4-H/Japanese Exchange Programs — High School Exchange — Colorado will also host ten Labo, Lex and Utrek Japanese high school exchange students, ages 16 - 18. These participants stay with host families and attend Colorado high schools from July 2005 through mid-June 2006. They are proficient in English and will attend an additional intensive English language class before arriving in Colorado. Families who host a high school delegate are eligible to receive a \$1,000 scholarship toward the cost of sending their son or daughter to Japan for one month.

Future Leaders Exchange (FLEX) — Host families are needed for FLEX students. This program is funded by the U.S. State Department to instill democratic principles in the exchange participants from the New Independent States (NIS) of the former Soviet Union. FLEX participants come from Armenia, Azerbaijan, Belarus, Georgia, Kazakhstan, Kyrgyzstan, Moldova, Russia, Tajikistan, Turkmenistan, Ukraine and Uzbekistan. Colorado will host ten participants ages 15 - 18 who will stay with host families and attend high school August 2005 through mid-June 2006.

International 4-H Youth Exchange — Incoming — International 4-H Youth Exchange (IFYE) delegates, ages 19 - 30, stay two- to three-weeks with several host families during their three-month stay in Colorado. IFYE's come from many regions of the world: Western Europe, Eastern Europe, Latin America, Australia, Asia and Africa. They share information about their country, culture and the IFYE program with various community groups subsequent to their travel throughout Colorado. IFYE's generally arrive in Colorado mid-June or mid-September.

International 4-H Youth Exchange — Outgoing — International 4-H Youth Exchange (IFYE) delegates may participate as an ambassador or as a representative.

- Representatives' ages are 19 - 30. They visit a foreign country for three or six months. The countries are located in Western Europe, Eastern Europe, Latin America, Australia, Asia and Africa. Six-month delegates leave the United States in late June and return in early December. Three-month delegates return in early September. The delegate lives and works with host families and gains a unique perspective about another culture. When delegates return, they travel throughout Colorado sharing their experiences and broadening international awareness. *The Colorado 4-H Youth Fund, Inc., offers two full scholarships each year for IFYE representatives* (personal spending money excluded).
- Ambassadors ages are 15 - 19. 2005 Ambassador trips are scheduled for Australia (four weeks), Finland (six weeks) and Mexico (four weeks). Delegates leave in late June (Australia and Finland) or mid-July (Mexico). Ambassadors travel to the host country as a group, accompanied by adult group leaders. After arrival they stay with a host family. The traveler is responsible for all program expenses.

Contact the Colorado State 4-H office for information: International 4-H Programs
Cooperative Extension
Colorado State University
132 Aylesworth Hall NW
Fort Collins, CO 80523-4050
Phone: (970) 491-2711
Fax: (970) 491-5108
Email address: cloflin@coop.ext.colostate.

—Courtney Loflin
Colorado State University
Cooperative Extension
State Program Coordinator
International 4-H Programs

Rearing Responsible Children

The Facts

Learning to take responsibility is one of the most important values and life lessons. Taking responsibility helps a child grow emotionally and physically. Building more responsibilities helps build upon a child's self-esteem, behavior patterns and communication skills, just to name a few of the positive outcomes of learning this life skill.

Five Keys to Achieving the Value of Responsibility

1. Allow your child an opportunity to independently accomplish a task. Don't finish it for them. Some parents feel that their child is incapable of completing a task. The truth is that they will become incapable of doing so if their parents don't give them the chance to learn and master certain skills.
2. Anticipate that it will take some time to teach a child responsibility. The best time to teach responsibility to your child is when there is no need to hurry and no pressure. Rushing a child will not get the lesson done quicker. Rather, it will only make the child feel discouraged, self-conscious and uncooperative.
3. Don't demand. Ask your child to do something. Invite your child to take part in certain household activities like washing the dishes. By accomplishing this task together, you will have an opportunity to gradually teach your child and this will enable them to take on the task themselves.
4. Initiate consequences when a job is not done. Nagging a child will not get it done. Consequences show a child the importance of completing a task.
5. Initiate good consequences when a job is done well. Positive reinforcement cannot be over-rated. It builds self-esteem and the ambition to succeed.

Help Your Child Become More Responsible

- Give them the chance to take on responsibility.
- Divide tasks into small segments and then teach them one at a time until the child reaches a point where they can handle the task by themselves.
- Initiate a list in order to organize responsibilities and have them keep their own personal list.
- Acknowledge your child's responsibility.
- Let your child learn from their accomplishments and failures.
- Show confidence in their ability to do what is responsible.
- Provide positive encouragement and some independence as a result of their responsible actions.

(800) 457-2736

**PARTNERS
PARENTING**

4-H News of Interest:

- Please send articles or letters of 4-H interest or upcoming events.
- All articles or letters must be signed. Provide your full name, address and phone number.
- Articles or letters will be edited for spelling and grammar.
- Because this publication is placed on-line three times a year, articles or letters that contain time-dated information will not be used.

4-H Leader Line Editorial Board:

Editor-in-Chief Jeff Goodwin
 Managing Editor Susan Cuckler
 Opportunities and Resources Dale Leidheiser

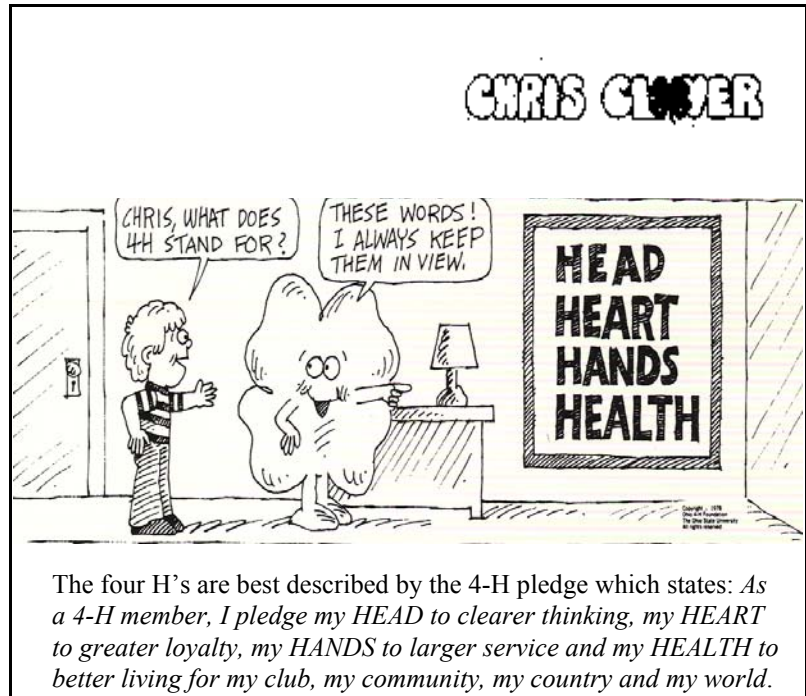
Editorial Assistants:

Tiana Baenziger, Ellen Butler and Tiffany Decker

Contributors:

Katy Kohnen, Courtney Loflin and Partners In Parenting

The 4-H Leader Line is published three times a year by the 4-H Youth Development Program, Cooperative Extension, State 4-H Office, 134 Aylesworth Hall, NW, Colorado State University, Fort Collins, Colorado 80523-4050.



Leader Line On-Line!

Since August 2003, all *Leader Line* publications have been posted on the 4-H website. When new issues are published on-line we would like to send an e-mail reminder to anyone interested. Would you encourage the 4-H leaders in your county to subscribe to an e-mail reminder at <http://4hweb.ext.colostate.edu/leaderline/>

In the past, we've only had funds to send *Leader Line* to club organizational leaders. In the future, we'd like all volunteers to view *Leader Line* electronically. Thanks for your help with this effort!

—Dale Leidheiser
Colorado State University
Cooperative Extension
4-H Youth Specialist



Putting Knowledge to Work